



# *The Edwardians*

S E C R E T S   A N D   D E S I R E S

## *Edwardian Menu ~ Art Gallery Restaurant*

Visitors to the Art Gallery of South Australia's major new exhibition, **The Edwardians: Secrets & Desires**, are now able to complete their experience of life in the Edwardian era (1900-1914) through the Art Gallery Restaurant's authentic Edwardian menu.

Art Gallery Restaurant Executive Chef and proprietor, **Cath Kerry** together with Chefs **Frank McWilliams** and **Linda Westacott** have taken an academic approach to recreating the tastes of the times, researching dishes and styles of the period in food history books.

"We went right back to the source and this menu is Escoffier all the way!" says Cath Kerry. Auguste Escoffier was the celebrity chef of Edwardian times who created dishes for his famous patrons such as *Peach Melba* and the *Tournedos Rossini* which is on this menu.

"Edwardian cooking is based on sauces" says Linda Westacott who adds "there's a huge amount of preparation required but once that's done, everything just falls into place." For Frank McWilliams, this menu "is actually a lot of fun". Frank's background as a classically trained chef and patissier has led to a number of delicious pastry dishes and elaborate desserts being added to this menu.

True to the etiquette of the era, the menu is written in French with descriptions in English. "In those days" explains Kerry, "everyone knew that *Quaille véronique* was code for quail with grapes... it's only quite recently that menus detail every ingredient of a dish".

Other dishes on the Edwardian menu include Chicken Mulligatawny soup, duck liver parfait on melba toast, smoked haddock, oysters poached in champagne and tarragon cream, devilled kidneys and crêpes Georgette which uses pineapple; an exotic and fashionable ingredient at that time.

Entrées are priced at \$13.90 with mains at \$21.90 and dessert at \$9.90. The Restaurant is also offering a special **Edwardian Meal Deal** where lunch arrives with a ticket to the exhibition (normally \$12). For \$36 diners can enjoy main course, dessert and coffee or indulge in a full three course meal with coffee for only \$45 before walking off their lunch through the enormous display of Edwardian art.

**The Edwardian menu will be offered at the Art Gallery Restaurant until September. Bookings are recommended on 08 8232 4366.**

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